

○ MUSIC  city COUNSELOR

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Hey y'all, Laura here! I so appreciate when you please take a moment to leave a review on my resources on my TpT Store. Thanks for your support! Enjoy the resource!

♥ *laura oathout*

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For helpful ideas, engaging resources, and freebies, please check out my website and membership!

○ ♥ **WEBSITE:** www.musiccitycounselor.com

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Anger Flames Lesson Directions:

- This presentation teaches students all about anger with a cute campfire theme. They learn that anger can feel like a fire roaring inside of us. Just like a fire, it starts small, but if we don't "tame" it with coping skills, it grows and gets harder and harder to control. Students learn about the 5 levels of anger, anger "sparks," what anger looks like, things and situations that "fuel" our anger (triggers), and coping skills that "tame our flames."
- There are 3 "Let's Talk" slides that ask students to share. They can type directly in the text boxes that say, "Type here."
- A PowerPoint presentation and printables are also included in the zip folder.
- Questions, comments, or suggestions? Please contact me any time at laura@musiccitycounselor.com. I'm here to help!

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- Make copies for the purchaser's classroom AND share copies with other educators within your school building
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